

JUST LUNCH & SNACK MENU 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	31	<u>1</u>	2	3
SNACK: PANCAKE W/ MAPLE SYRUP, CHICKEN SAUSAGES, MANDARINE ORANGE LUNCH: TERIYAKI CHICKEN w/ RICE, ONIONS & BROCCOLI, APPLE SLICES	SNACK: SCRAMBLED EGGS, BREAD W/ JAM, APPLE SLICES LUNCH: BULGOGI MEAT w/ RICE, SEAWEED, BROCCOLI QUICHE, STRAWBERRIES	SNACK: FRUIT PARFAIT GRAMHAM CRACKERS LUNCH: GRILLED CHEESE SANDWICH CARROT STICKS, CHIPS, APPLE SLICES	SNACK BAGEL WITH JAM, TORTILLA WITH SALSA CARROT STICKS, FRUITS LUNCH: FETTUCCINE w/ ALFREDO SAUCE w/ MUSHROOMS, STEAMED VEGGIES MANGO SLICES	SNACK: (*PARENT SIGN UP) OATMEAL W/ RAISINS, STRAWBERRIES & BANANAS LUNCH: GRILLED SALMON w/ RICE, MIXED STREAMED VEGGIES, MANGO SLICES
6 SNACK: SCRAMBLED EGGS, SWEET POTATOES, APPLE SLICES	7 SNACK: OATMEAL w/ RAISINS, RITZ CRACKERS WITH CHEESE ORANGE	8 SNACK: WAFFLES w/ MAPLE SYRUP, YOGURT, MIXED FRUITS	9 SNACK: TOAST W/ JAM, SCRAMBLED EGGS, TATER TOTS APPLES SLICES	10 SNACK MINI PANCAKES w/ MAPLE SYRUP, CHEESE STICKS, APPLE SLICES
LUNCH: VEGETABLE FRIED RICE w/ CHICKEN SEAWEED SOUP, PINEAPPLE SLICES	<mark>LUNCH</mark> : <u>SOYSAUCE-BASED</u> <u>SWEETENED DUMPLING</u> (떡복이) WITH FISH CAKE, EGG DUMPLING SOUP, RADISH SOUP, MANGO SLICES	LUNCH: HOTDOG ON A BUN, CARROT STICKS, CHIPS, APPLE SLICES	<mark>LUNCH</mark> : <u>VEGETABLE CURRY W/</u> <u>RICE,</u> FISH CAKE(어묵) SEASONED RADISH ORANGE WEDGES	LUNCH: BLACK BEAN PASTE NOODLES WITH VEGETABLES, SEASONED RADISH, SEASONAL FRUITS
EVERY SNACK MENU IS SERVED WITH ORGANIC MILK.			LITTLE STAR BASICS PRE	SCHOOL (408) 260-7005



LUNCH & SNACK MENU 2018

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10	11	12	13
COOKING WEEK*	COOKING WEEK *	COOKING WEEK*	COOKING WEEK*
MAKE OWN TRAIL MIX* STRAWBERRIES/BANANA LUNCH: CHEESE PIZZA* CARROT STICKS, PINEAPPLE CUBES	MINI PANCAKES* SAUSAGES, APPLE SLICES LUNCH: CHICKEN NOODLE SOUP W/ VEGETABLES* FRIED RICE, ORANGES	ANIMAL FACE TOAST W/ FRUITS* LUNCH: SOUTHWESTERN EGG MUFFIN* KIMCHI FRIED RICE, STEAMED VEGGIES, MANGO	KOREAN PANCAKE MIX* (MAKE YOUR OWN), APPLE SLICES LUNCH: HOTDOG ON A BUN* FRUITS SALAD*
17 SNACK: WAFFLES W/ MAPLE SYRUP, TATER TOTS ORANGES LUNCH: BAKED PORK CUTLET W/ RICE, COLE SLAW SEASONAL FRUITS	18 SNACK: SWEET POTATOES, CHEESE STICKS, BANANA & APPLES LUNCH: GRILLED CHEESE SANDWICH, PEACH YOGURT, CORN & PEAS APPLE SLICES	19 SNACK: SCRAMBLED EGGS, BREAD W/ JAM, APPLE SLICES LUNCH: BULGOGI MEAT w/ RICE, SEAWEED, BROCCOLI QUICHE, NAVEL ORANGE S	20 SNACK: ANIMAL CRACKERS STRAWBERRIES & BANANAS LUNCH: ORGANIC SPAGETTI w/ CHICKEN MEATBALLS PICKLES ORANGES
24 SNACK: QUESAILLAS, CRACKERS BANANA & ORANGES LUNCH: TERIYAK CHICKEN WITH BROCCOLI, RICE, ORANGES	25 SNACK: PANCAKE WITH MAPLE SYRUP, CHICKEN SAUSAGE, APPLE SLICES LUNCH: VEGETABLE FRIED RICE WITH CHICKEN, RADISH SOUP, WATERMELON	26 SNACK: HAM & CHEESE CROISSANT ORANGES LUNCH: CALIFORNIA ROLL WITH MISO SOUP, APPLE SLICES	27 SNACK: PARFAIT W/ FRUITS, SCRAMBLED EGGS W/ AVOCADO AND SALSA LUNCH: SPAGETTI NOODLES W/ MEATBALL, COLE SLAW, GRAPES
	10 COOKING WEEK* MAKE OWN TRAIL MIX* STRAWBERRIES/BANANA LUNCH: CHEESE PIZZA* CARROT STICKS, PINEAPPLE CUBES 17 SNACK: WAFFLES W/ MAPLE SYRUP, TATER TOTS ORANGES LUNCH: BAKED PORK CUTLET w/ RICE, COLE SLAW SEASONAL FRUITS 24 SNACK: QUESAILLAS, CRACKERS BANANA & ORANGES LUNCH: TERIYAK CHICKEN WITH	1011COOKING WEEK*COOKING WEEK*MAKE OWN TRAIL MIX*MINI PANCAKES*STRAWBERRIES/BANANASAUSAGES, APPLE SLICESLUNCH:CHEESE PIZZA* CARROTCHEESE PIZZA* CARROTLUNCH:CHEESE PIZZA* CARROTCHICKEN NOODLE SOUPSTICKS, PINEAPPLE CUBESW/ VEGETABLES*FRIED RICE, ORANGESSWEET POTATOES, CHEESESYRUP, TATER TOTSSWEET POTATOES, CHEESEORANGESLUNCH:LUNCH:GRILLED CHEESESADDWICH, PEACHYOGURT, CORN & PEASSASONAL FRUITS2524SNACK:QUESAILLAS, CRACKERSSNACKE WITH MAPLEBANANA & ORANGES25LUNCH:CHICKEN SAUSAGE, APPLE SLICESLUNCH:LUNCH:TERIYAK CHICKEN WITH BROCCOLI, RICE, ORANGESLUNCH:VEGETABLE FRIED RICE WITH CHICKEN, RADISH	101112COOKING WEEK*COOKING WEEK*COOKING WEEK*MAKE OWN TRAIL MIX*MINI PANCAKES*ANIMAL FACE TOAST W/ FRUITS*STRAWBERRIES/BANANASAUSAGES, APPLE SLICESLUNCH: CHESE PIZZA* CARROTLUNCH:CHEESE PIZZA* CARROTCHICKEN NOODLE SOUP W/ VEGETABLES* FRIED RICE, ORANGESNUTFIN* KIMCHI FRIED RICE, STEAMED VEGGIES, MANGO17SNACK:18SNACK: SWEET POTATOES, CHEESE STICKS, PINEAPPLE CUBES1917SNACK:SWEET POTATOES, CHEESE STICKS, BANANA & APPLESSCRAMBLE DEGGS, BREAD W/ JAM, APPLE SLICES17SNACK:SWEET POTATOES, CHEESE STICKS, BANANA & APPLESSCRAMBLE DEGS, BREAD W/ JAM, APPLE SLICES18SNACK:SUBET POTATOES, CHEESE STICKS, BANANA & APPLESSCRAMBLE DEGS, BREAD W/ JAM, APPLE SLICES10MCH: GRILLED CHEESE SANDWICH, PEACH YOGURT, CORN & PEAS APPLE SLICESLUNCH: BULGOGI MEAT W/ RICE, SEAWED, BROCCOLI QUICHE, NAVEL ORANGES24SNACK: PANCAKE WITH MAPLE SYRUP, CHICKEN SAUSAGE, APPLE SLICES26SNACK: HAM & CHEESE CROISSANT ORANGES24SNACK: PANCAKE WITH MAPLE SYRUP, CHICKEN SAUSAGE, APPLE SLICES26SNACK: HAM & CHEESE CROISSANT ORANGES10LUNCH: LUNCH: LUNCH: MISO SOUP, APPLE SLICESLUNCH: MISO SOUP, APPLE SLICES