



Snack & Lunch Menu 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3 SNACK: FRENCH TOAST w/ ORGANIC MAPLE SYRUP, APPLE SLICES	4 SNACK: TURKEY & CHEESE ON BUTTERED CROISSANT, PLUM SLICES	5. SNACK: SCRAMBLED EGGS, MIN- SAUSAGES, TATER TOTS, FRESH SEASONAL FRUITS	6. SNACK: TOAST WITH BUTTER AD JAM, SEASONAL FRUITS
LABOR DAY CLOSED	LUNCH: JASMINE RICE, EGG CUSTARD, FISH CAKE, SALTED SEAWEED, ORGANIC GRAPES	LUNCH: TERIYAKI CHICKEN W/ <u>RICE,</u> SALTED SEAWEED, GREEN BEANS, HONEYDEW	LUNCH: <u>VEGETABLE FRIED RICE W/</u> <u>CHICKEN, RADISH BEEF</u> <u>SOUP, WHITE KIMCHEE,</u> APPLE SLICES	SOBA NOODLES, WIH SAUCE, MISO SOUP WITH TOFU, PICKED CARROTS & CUCUMBER, APPLE SLICES
9 _ <mark>SNACK:</mark> PANCAKE W/ ORGANIC MAPLE SYRUP, SCRAMBLED EGGS, SEASONAL FRUITS	10. SNACK: TOAST WITH BUTTER & JAM, HARD BOILED EGGS, ORANGES	11 <u>SNACK:</u> WAFFLE WITH ORGANIC MAPLE SYRUP, SCRAMBLED EGGS, MANDARINE ORANGES	12 SNACK : TOAST WITH BUTTER & STRAWBERRY JAM, MINI SAUSAGES, GRAPES	13 SNACK: PLAIN BAGEL WITH CREAM CHEEESE, GOGURT, ORANGES
LUNCH: <u>SPINACH BEAN PASTE</u> <u>SOUP w/ TOFU</u> , WHITE KIMCHEE OR PICKED RADISH, SEASONED ANCHOVIES, APPLE SLICES	LUNCH: <u>YELLOW CURRY</u> <u>RICE(veggies),</u> PEACH YOGURT, PICKED WHITE RADISH, SEASONAL FRUITS	LUNCH TERIYAKI CHICKEN W/ RICE, STEAMED BROCCOLI, APPLE SLICES	LUNCH: , <u>VEGETABLE FRIED RICE</u> <u>WITH EGGS</u> , SEASONED SEAWEED, PICKED RADISH, MANGO SLICES	<mark>LUNCH:</mark> <u>GRILLED CHEESE, CARROT</u> <u>STICKS, APPLE SLICES</u>

LITTLE STAR BAISCS PRESCHOOL: (408) 260-7005 (SCHOOL) OR (408) 646-0982 (TEXT)

SEPT. 2019 Brunch & Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
16 SNACK: WAFFLE w/ ORGANIC MAPLE SYRUP, MINI SAUSAGES, ORANGES	17 SNACK: FRENCH TOAST w/ ORGANIC MAPLE SYRUP, MANGO CUBES	18. SNACK: TURKEY & CHEESE ON BUTTERED CROISSANT, MANDARINE ORANGES	19 SNACK: SCRAMBLED EGGS, MIN- SAUSAGES, TATER TOTS, FRESH SEASONAL FRUITS	20 SNACK: MAKE YOUR OWN PARFAIT: YOGURT, FRUITS, GRANOLA		
LUNCH: <u>FRIED</u> SEAWEED SOUP W/ TOFU, <u>TINY</u> SEASONED ANCHOVIES, GRAPES	LUNCH: <u>VEGETABLE PANCAKE,</u> <u>MISO SOUP WITH TOFU &</u> <u>RICE, WHITE KIMCHEE,</u> APPLE SLICES	LUNCH: ROLLED RICE ON SALTED SEAWEED W/ AVOCADO, PICKED RADISH & WHITE KIMCHEE, SEASONAL FRUITS	LUNCH: JASMINE FRIED RICE W/ VEGETABLES & CHICKEN , WHITE PICKLED RADISH, MANDARINE ORANGES	SOBA NOODLES, WIH SAUCE, MISO SOUP, APPLE SLICES		
23. SNACK: PANCAKE W/ O. MAPLE SYRUP, SCRAMBLED EGGS, STRAWBERRIES	24 SNACK: TOAST WITH BUTTER & JAM, NAVEL ORANGES	25 <u>SNACK:</u> WAFFLE WITH ORGANIC MAPLE SYRUP, SCRAMBLED EGGS, MANDARINE ORANGES	26. SNACK: TOAST WITH BUTTER & STRAWBERRY JAM, MINI SAUSAGES, GRAPES	27 SNACK: CHICKEN NUGGETS, TATER TOTS(POTATOES), CARROT STICKS, MANDARINE ORGANGES		
LUNCH: <u>SPINACH BEAN PASTE</u> <u>SOUP w/ TOFU</u> , WHITE KIMCHEE OR PICKED RADISH, SEASONED ANCHOVIES, APPLE SLICES	CHICKEN & ONION SOUP BASED UDON, PICKED WHITE RADISH, VEGETABLE PANCAKE, APPLE SLICES	TERIYAKI CHICKEN W/ RICE, STEAMED BROCCOLI, APPLE SLICES	LUNCH: , <u>VEGETABLE FRIED RICE</u> <u>WITH EGGS</u> , SEASONED SEAWEED, PICKED RADISH, APPLE SLICES	<mark>LUNCH</mark> : <u>SOBA NOODLES, FRIED</u> <u>TOFU,</u> ORANGES		
Menu is subject to change slightly without an advance notice. FRIDAY SNACKS ARE NORMALLY RESERVED FOR PARENT VOLUNTEERS. Every menu is served with 1% or 2% organic milk (2-4oz.) MAIN FOOD PORTION: 2 - 4 OZ. Meals served in a family style.						