

## February 2023 BRUNCH, LUNCH MENU

## Little Star Basics Preschool

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 BRUNCH: Scramble Eggs Milk Bread with Organic Strawberry Jam Danimal Yogurt Drink  LUNCH: Baked Popcorn Chicken Potatoes Seasonal Fruits	BRUNCH: Scrambled Eggs Pancake w/ Maple syrup  LUNCH: Japanese noodle seasoned with sesame oil and soy sauce Miso Soup with Tofu Seasonal Fruits	3 BRUNCH: Parent's Snack Olivia  LUNCH: Chicken Drummlet Southwestern Salad Seasonal Fruits
6 BRUNCH: Croissant Scrambled Eggs Apple Chicken Sausage  LUNCH: Spinach Bean Paste Soup w/ Rice Seasoned Fish Cake Seasonal Fruits	7 BRUNCH: Scrambled Eggs Milk Bread with Organic Strawberry Jam  LUNCH: Rice w/ Salted Grilled Salmon Steamed Broccoli Seasonal Fruit	8 BRUNCH: Morning Bun Parfait  LUNCH: Rice with Nori and Furitake Miso Soup with Tofu Cabbage salad (Southwestern Salad) Seasonal Fruit	9 BRUNCH: Milk Bread Scrambled Eggs  LUNCH: Spaghetti Noodle with Marinara Sauce Steamed mixed Veggies Seasonal Fruit	10 BRUNCH: Parent's Snack Euna  LUNCH: Chicken Drummlet Southwestern Salad Seasonal Fruit

Monday	Tuesday	Wednesday	Thursday	Friday
13 Brunch: Milk Bread Scrambled Eggs Hash Browns Lunch: Rice w/ Seaweed Grilled Chicken Seasonal Fruit	14 Brunch: Pancake w/ Maple syrup Apple-Chicken sausage  Lunch: Teriyaki chicken w/ Rice & Broccoli Heart shaped sugar cookie Seasonal Fruits	15 Brunch: Bagel with Cream Cheese Scrambled Egg  Lunch: Salted Seaweed w/ Rice Lighted Salted Spam Seasonal Fruits	16 Brunch: Oatmeal with raisins Boiled Eggs  Lunch: Soba Noodle Or Seasoned Rice with Furitake Seasonal Fruits	17 Brunch: Parent's Snack Sophia Lunch: Chicken Drummlet Mash potatoes Seasonal Fruits
Closed on President's Day	21 Brunch: Butter Croissant w/ Jam Bacon Seasonal Fruits Lunch: Spaghetti noodle w/ beef, garlic, onions marinara sauce Seasonal Fruits	Pancake w/ Maple syrup Apple-Chicken sausage Seasonal Fruit Lunch: Teriyaki chicken w/ Rice Broccoli Seasonal Fruits	23 Brunch: Bagel with Cream Cheese Scrambled Egg Seasonal Fruits Lunch: Chicken Nuggets Sweet Corn & Carrots Seasonal Fruits	24 Brunch: Parent's Snack Sign up Mekai  Lunch: Plain or Avocado maki(seaweed roll) Seasonal Fruits
27  Brunch: Scrambled Eggs Apple Chicken Sausages  Lunch: Grilled Salmon w/ Rice Steamed Veggies Seasonal Fruits	28  Brunch: Bagel w/ Cream Cheese Apple Chicken Sausages  Lunch: Vegetable Chicken Noodle Soup, Rice Seasonal Fruits	Tove		

Every brunch serve w/ Calcium/Vitamin D fortified Orange Juice. Every lunch served LACTOSE FREE ORGANIC MILK.

Menu may change slightly without further notices.

Little Star Basics (408) 260-7005